

# Research Guide| CHAD



The NVIT Library is committed to supporting students reach their academic goals. This research guide is one of the tools the library provides to assist students by highlighting resources available. Listed below are examples of where to begin research; bear in mind that no list is exhaustive and many more resources are available. Please do not hesitate to ask library staff for further assistance.

**BOOKS** – The CHAD program covers a wide variety of topics in order to provide an understanding of the factors that shape the causes and outcomes of chemical addiction. The NVIT Library has numerous books on these topics and highlighted below are a selection of titles. Books often provide a broad overview a subject and provide researchers with a solid background on a particular topic.

## **Addiction**

[Addiction and Recovery](#) (2011) *ebook*

[Hollow Tree: Fighting Addiction with Traditional Native Healing](#) (2006) *ebook*

[In the realm of hungry ghosts : close encounters with addiction](#) (2008)

[Substance abuse : information for school counselors, social workers, therapists, and counselors](#) (2009)

[Tackling Addiction : Pathways to Recovery](#) (2010) *ebook*

[Understanding addiction as self medication : finding hope behind the pain](#) (2008)

[Understanding addiction and recovery through a child's eyes : help, hope, and healing for the family](#) (2007)

[What Is Addiction?](#) (2010) *ebook*

## **Colonialism**

[Colonialism/postcolonialism](#) (2005)

[The Colonial era : a documentary reader](#) (2008)

[Disciplining the savages, savaging the disciplines](#) (2007)

[The burden of history : colonialism and the frontier myth in a rural Canadian community](#) (1999)

[Transit of Empire : Indigenous Critiques of Colonialism](#) (2011) *ebook*

[Wasáse: Indigenous Pathways of Action and Freedom](#) (2005) *ebook*

## **Law**

[Barron's Canadian law dictionary](#) (2009)

[Canadian law : an introduction](#) (2010)

[Canadian law dictionary](#) (1998)

[Contested Constitutionalism: Reflections on the Canadian Charter of Rights and Freedoms](#) (2009) *ebook*

[First Nations Cultural Heritage and Law: Case Studies, Voices, and Perspectives](#) (2008) *ebook*

[Identity Captured by Law: Membership in Canada's Indigenous Peoples and Linguistic Minorities](#) (2009) *ebook*

[Inclusive Equality : The Relational Dimensions of Systemic Discrimination in Canada](#) (2010) *ebook* [The](#)

[Transformation of the Supreme Court of Canada: An Empirical Examination](#) (2008) *ebook*

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## Healing

- [Aboriginal health in Canada : historical, cultural, and epidemiological perspectives](#) (2006)
- [Health promotion throughout the lifespan](#) (2010)
- [Paths to wellness : A holistic approach and guide for personal recovery](#) (2008)
- [Plants and medicines of Sophie Thomas : based on the traditional knowledge of Sophie Thomas, Sai'Kuz](#) (2002)
- [Narrative medicine : the use of history and story in the healing process](#) (2007)
- [Spirit, science, and health : how the spiritual mind fuels physical wellness](#) (2007)
- ["Strong Medicine speaks" : a Native American elder has her say : an oral history](#) (2008)
- [Under the rattlesnake : Cherokee health and resiliency](#) (2009)
- [Understanding health, health care, and health policy in Canada : sociological perspectives](#) (2008)

## Mental Health

- [Childhood mental health disorders : evidence base and contextual factors for psychosocial, psychopharmacological, and combined interventions](#) (2008)
- [Healing traditions : the mental health of Aboriginal peoples in Canada](#) (2009)
- [Microaggressions in everyday life : race, gender, and sexual orientation](#) (2010)
- [Red Medicine : Traditional Indigenous Rites of Birthing and Healing](#) (2012) *ebook*
- [Women's mental health issues across the criminal justice system](#) (2009)

## Psychology

- [APA dictionary of psychology](#) (2007)
- [Exploring psychology](#) (2005)
- [Psychology and life](#) (2009)
- [Thesaurus of psychological index terms.](#) (1994)
- [World Psychiatric Association : Community Mental Health : Putting Policy into Practice Globally](#) (2011) *ebook*

## Residential Schools

- [Aboriginal healing in Canada : studies in therapeutic meaning and practice](#) (2008)
- [Magic weapons : Aboriginal writers remaking community after residential school](#) (2007)
- [Moving beyond : understanding the impacts of residential school](#) (2007)
- [Reclaiming connections : understanding residential school trauma among Aboriginal people](#) (2005)
- [Response, responsibility, and renewal : Canada's truth and reconciliation journey](#) (2009)
- [Speaking my truth : reflections on reconciliation & residential school](#) (2012)
- [The Legacy of School for Aboriginal People: Education, Oppression, and Emancipation](#) (2002) *ebook*

## Trauma

- [Coping with trauma : hope through understanding](#) (2005)

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**SEARCH WORDS** – For retrieval purposes, books and articles in databases are labeled with terms referred to as subject headings. Using subject headings as search words when researching will help focus results by filtering out unnecessary or irrelevant items. Below are examples of subject headings that would be useful for a CHAD student:

Addiction.	Alcoholism -- Treatment.
At Risk Populations.	Cognitive Behavior Therapy.
Cognitive neuroscience.	Compulsive behavior.
Drug Addiction.	Drug Rehabilitation.
Healing --North America.	Neurosciences -- Social aspects.
Substance abuse.	Substance abuse -- Treatment.
Substance-Related Disorders.	Therapy.
Treatment Compliance.	Treatment outcomes.
Relapse (Disorders).	Risk Factors.

**Note:** *Please see a librarian or library coordinator for more headings to use during your research.*

**DATABASES** – NVIT Library has access to many databases that contain articles and reports for use in academic research. Articles and reports provide detailed information on a particular topic and will help to widen the scope of your research. It is considered best practice to select articles that were recently written and peer-reviewed.

**Tip:** *If an article says it is not available at NVIT, please ask a librarian for assistance. With a few days advance notice, we may be able to bring the article in for you from another institution.*

**Academic Search Premier** – provides access to all the databases that NVIT has access to.

Note: Academic Search Premier is an excellent starting point for research; however, searching specific databases will retrieve refined results and avoid the need to sift through articles.  
Databases that may be particularly useful to CHAD students are:

**Alt HealthWatch** - This database focuses on the many perspectives of complementary, holistic and integrated approaches to health care and wellness.

**CINAHL with Full Text** - [A] rich collection of full text for nursing & allied health journals, providing full text for more than 610 journals.

**PsycARTICLES** - ...a definitive source of full text, peer-reviewed scholarly and scientific articles in psychology.

**PsycINFO** - ...the largest resource devoted to peer-reviewed literature in behavioral science and mental health.

**JOURNALS** – NVIT Library has online access to the following list of journals.

It can be helpful to browse recent journals when attempting to decide upon a research topic.

[Addictive Behaviours](#)

[American Journal of Drug & Alcohol Abuse](#)

[Best Practice in Mental Health](#)

[Journal of Studies on Alcohol](#)

[Alcohol Health & Research World](#)

[Behaviour Therapy](#)

[International Journal of Mental Health & Addiction](#)

[Journal of Ethnicity in Substance Abuse](#)