



On-Campus Pandemic Exposure Control Self-Reporting Declaration Form for Health & Safety

The Nicola Valley Institute of Technology (NVIT) is committed to providing a safe and healthy environment for students and community. Measures have been implemented to minimize exposure to COVID-19 and procedures have been implemented to protect NVIT students and members of the public who enter our facilities.

Pandemic Exposure Control Responsibilities and Expectations

Hand Washing

Hand washing is one of the best ways to minimize the risk of infection. Wash your hands as often as possible.

Wash your hands immediately:

- Before leaving a workarea
- After handling materials that may be contaminated
- Before eating, drinking, smoking, handling contact lenses, or applying makeup

Cough/Sneeze Etiquette

Cough/sneeze etiquette minimizes the transmission of diseases via droplet or airborne routes.

- Cover your mouth and nose with a sleeve or tissue when coughing or sneezing
- Use tissues to contain secretions, and dispose of them promptly in a waste container
- Turn your head away from others when coughing or sneezing.

Physical Distancing

Physical distancing means limiting close contact with others. When outside of your home, practicing social distancing by keeping two metres (six feet) away from one another is something we can all do to help stop the spread of COVID-19.

Personal Protective Equipment (face mask, gloves, etc.)

If you arrive at campus with personal protective equipment (PPE) and need to dispose, please use the re-sealable bag provided. Place the used PPE into the bag, seal it and dispose into the classroom garbage can.

Please do not come to NVIT if you are feeling sick in anyway.

If you are feeling unwell, you can check your symptoms online or download the self-assessment app. These resources are available 24 hours a day. Please visit the [COVID-19 Provincial Support and](#)



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[Information Website](#). NVIT is following directions and controls as specified by the BC Centre for Disease Control and the local Health Authority's Medical Health Officer.

NVIT is conducting active screening for potential risks of COVID-19 with individuals entering campus buildings to support everyone's safety and well-being. If you fail to meet the screening requirements for attending any facilities, you will not be permitted on campus and expected to stay home, seek medical advice, and contact your department.

I, _____, understand and agree:

- ~ that I have not travelled outside of Canada in the last 14 days;
- ~ that I am not currently ill or suffering from any COVID-19 like symptoms that include a cough, sneezing, fever, sore throat, difficulty breathing. Please refer to the [BC Centre for Disease Control](#) website for a full listing of COVID-19 like symptoms;
- ~ that I have not been in close contact with someone who has been suffering from any of the above symptoms or someone who has a confirmed or probable case of COVID-19; and
- ~ that if at any time in the future I develop any COVID-19 like symptoms I will not come to the campus.

By signing your name below, you acknowledge you have understood and will abide by the **Pandemic Exposure Control Responsibilities and Expectations**.

Campus:

Signature:

(type name to acknowledge electronically)

Date:

The information collected through this form will be used by NVIT only for the purposes of addressing infection risk in the workplace and in the learning environment. All personal information will be received in confidence and is collected under the authority of the *Freedom of Information and Protection of Privacy Act*, the *College and Institutes Act*, and the *Workers Compensation Act* and related regulations.